



European Academy of Paediatrics

Paediatric Section of U.E.M.S

Dear colleagues

WE NEED YOUR HELP!

Is medical overactivity a problem in your country? The EAP working group on *Choosing Wisely* aims to raise awareness of the potential harms of medical overactivity for children across Europe.

We therefore kindly ask you to answer the following survey, and to distribute the survey within your society and share with colleagues who take care of children in your country. We want to hear from hospital doctors as well as primary care physicians (GPs and/or Primary care Paediatricians) to identify the most common topics of overinvestigation and overtreatment throughout Europe

What is medical overactivity?

Medical overactivity encompasses

- **Overdiagnosis:** Investigations or diagnostics unlikely to find abnormalities or results irrelevant for the therapy for the patient.
- **Overtreatment:** medical treatments or surgical procedures administered, that are unlikely to improve patient health, while even inflicting unnecessary risks.

There is a large and unexplained variation in the use of tests and treatments for children between and within countries. The EAP wants to gather information and create an European *Choosing Wisely* recommendations list and information material for the community of European Paediatricians. We hope to spur further dialogue and involve clinicians and patients/caretakers to tackle the problem of medical overactivity together!

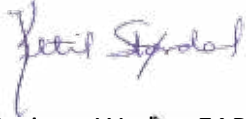
How do we do this?

We need YOU and all your colleagues to evaluate the 19 most mentioned CW topics with a Likert scale from 1-5 of how common this practice is in your working environment as well as if you regard the practice as problematic regarding overtreatment or overdiagnostics.

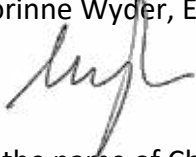
IMPORTANT: These recommendations are not intended to be used to establish payment and coverage decisions. Rather, they are meant to inspire conversation about what is appropriate and necessary treatment.

Thank you for your answer and for sharing it with as many colleagues as possible!

Ketil Størdal, EAP Delegate Norway, Co-chair Choosing Wisely Working group

Handwritten signature of Ketil Størdal in blue ink.

Corinne Wyder, EAP Delegate Switzerland, Co-chair Choosing Wisely Working group

Handwritten signature of Corinne Wyder in black ink.

in the name of Choosing Wisely working group and EAPRASnet